

"Charity Through Adventure"

Everest Kalapatthar 5550m / Island Peak 6160m Trek

31 March to 21 April 2012

Application Form

Name as passport, date of birth.

Address, mobile & home Tel number.

Name of spouse /children /parents etc
It is essential they are aware of the risks etc.

Employment and any Employer funding available.

Medical condition and any allergy (food) as much detail as possible

Current fitness level and plans from now to start of trek.

Past trekking experiences – please enter year etc
High altitude treks
Yorkshire 3 peaks
UK hill like Snowdon, Scafell & Ben Nevis etc
Marathon running etc

SELF FINANCED FUNDRAISING TREK

For Nepal charity projects
Minimum fundraising target £1000 per person
Fee will be refunded once target is achieved

Registration fee £100 payable to Satish Shah
Post form to Satish Shah, 52a Sunningdale, Bradford BD8 0LX